

NEAR EAST UNIVERSITY
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NUTRITION AND DIETETICS

1. Year

I. Semester (Fall)

CODE	COURSE NAME	C/E	T	P	C	ECTS
AİT 101	Atatürk's Principles and the History of the Turkish Revolution	C	2	0	2	2
NAD 105	Professional Orientation I	C	1	0	1	1
NAD 113	Principles of Nutrition I	C	2	3	3	6
CHM 101	Chemistry I	C	3	2	4	5
MTH 117	Basic Mathematics	C	3	0	3	3
ECO 115	General Economics	C	3	0	3	3
ENG 101	English I	C	3	0	3	3
YİT 101	Turkish for Foreign Students I	C	2	0	2	2
Total ECTS for compulsory courses			19	5	21	25
CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 103	Nutrition Basics I*	E	1	0	1	3
NAD 107	Nutritional Anthropology	E	1	0	1	3
AID 103	First Aid	E	2	0	2	3
NAD 115	Food Diversity	E	2	0	2	2
FHS 155	Self Knowledge and Communication Skills	E	2	0	2	3
Total ECTS for elective courses						5
1. Semester total ECTS						30

II. Semester (Spring)

CODE	COURSE NAME	C/E	T	P	C	ECTS
AİT 102	Atatürk's Principles and the History of the Turkish Revolution	C	2	0	2	2
NAD 106	Professional Orientation II	C	1	0	1	1
NAD 114	Principles of Nutrition II	C	2	3	3	6
CHM 102	Chemistry II	C	3	2	4	5
MLB 102	Medical Biology and Genetics	C	3	0	3	3
PSY 102	Psychology	C	2	0	2	2
NAD 108	Demographical Structure and Health	C	2	0	2	2
ENG 102	English II	C	3	0	3	3
YİT 102	Turkish for Foreign Students II	C	2	0	2	2
Total ECTS for compulsory courses			20	5	22	26
CODE	COURSE NAME	C/E	T	P	C	ECTS
COM 102	Computer	E	3	0	3	4
NAD 104	Nutrition Basics II*	E	1	0	1	3
NAD 118	Cypriot Cuisine	E	1	0	1	3
NAD 120	Food Choice in Optimal Nutrition	E	2	0	2	2
FHS 156	Interpersonal Relationships and Communication	E	2	0	2	3
FHS 158	Developmental Psychology	E	2	0	2	3
NAD 122	Nutrients and Health	E	2	0	2	4
NAD 124	Aging and Nutrition	E	2	0	2	4
FHS 104	Occupational Health and Safety	E	2	0	2	4
Total ECTS for elective courses						4
2. Semester total ECTS						30

- NAD 105 is prerequisite for NAD 106
- NAD 109 is prerequisite for NAD 110
- NAD 111 is prerequisite for NAD 112

- KİM 131 is prerequisite for KİM 132
- ENG 101 is prerequisite for ENG 102

**2. Year
III. Semester (Fall)**

CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 221	Nutritional Biochemistry I	C	3	0	3	4
NAD 231	Food Chemistry and Analyses I	C	2	3	3	5
ANT 201	Anatomy I	C	2	0	2	2
PHS 203	Physiology I	C	2	0	2	2
MIC 203	Basic Microbiology	C	2	2	3	5
ENG 201	English III	C	3	0	3	3
Total ECTS for compulsory courses			14	5	16	21
CODE	COURSE NAME	C/E	T	P	C	ECTS
YİT 201	Turkish for Foreign Students III	E	3	0	3	3
BES 241	Occupational English I	E	2	0	2	2
NAD 201	Healthy Food Choices I*	E	2	0	2	3
NAD 203	Development of Health	E	2	0	2	4
NAD 207	Nutrition and Healthy Life	E	2	0	2	3
NAD 211	Food Industry	E	2	0	2	3
Total ECTS for elective courses						9
3. Semester total ECTS						30

IV. Semester (Spring)

CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 222	Nutritional Biochemistry II	C	3	0	3	4
NAD 232	Food Chemistry and Analyses II	C	2	3	3	5
ANT 202	Anatomy II	C	2	0	2	2
PHS 204	Physiology II	C	2	0	2	2
MIC 222	Food Microbiology	C	2	2	3	5
IMN 202	Information Management in Nutrition Science	C	2	0	2	2
ENG 202	English IV	C	3	0	3	3
Total ECTS for compulsory courses			16	5	18	23
CODE	COURSE NAME	C/E	T	P	C	ECTS
YİT 202	Turkish for Foreign Students IV	E	3	0	3	3
BES 242	Occupational English II	E	2	0	2	2
NAD 202	Healthy Food Choices II*	E	2	0	2	3
NAD 216	Exercise and Nutrition	E	2	0	2	3
NAD 224	Methods of Food Control	E	1	2	2	3
NAD 228	Basic Approaches in Evaluation of Dietary Assessment	E	2	0	2	4
NAD 230	Current Scientific Topics in Nutritional Sciences	E	1	0	1	2
Total ECTS for elective courses						7
4. Semester total ECTS						30

- NAD 221 is prerequisite for NAD 222
- NAD 231 is prerequisite for NAD 232
- NAD 241 is prerequisite for NAD 242
- ANT 201 is prerequisite for ANT 202
- PHS 203 is prerequisite for PHS 204
- ENG 201 is prerequisite for ENG 202

**3. Year
V. Semester (Fall)**

CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 315	Mother and Child Nutrition	C	2	3	3	5
NAD 321	Nutritional Assessment of Community	C	3	0	3	3
NAD 343	Food Service Systems I	C	3	0	3	3
NAD 351	Medical Nutrition Therapy in Diseases I	C	2	3	3	5
PTH 311	Physiopathology of Chronic Diseases I	C	2	0	2	2
NAD 349	Nutrition Education	C	2	0	2	2
BST 301	Biostatistics	C	3	0	3	5
Total ECTS for compulsory courses			17	6	19	25
CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 301	Functional Foods and Health	E	1	0	1	3
NAD 305	Cancer and Nutrition	E	1	0	1	3
NAD 307	Food Technology	E	3	0	3	3
NAD 317	Sports Nutrition and Health	E	2	0	2	2
NAD 371	General Management	E	3	0	3	5
FHS 335	Research Methods in Health Sciences	E	2	0	2	3
Total ECTS for elective courses						5
5. Semester total ECTS						30

VI. Yarıyıl (Spring)

CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 316	Pediatric Nutrition in Acute and Chronic Diseases	C	2	3	3	5
NAD 322	Community Nutrition and Epidemiology	C	3	0	3	3
NAD 334	Food Control and Legislation	C	2	0	2	2
NAD 344	Food Service Systems II	C	3	0	3	3
NAD 352	Medical Nutrition Therapy in Diseases II	C	2	3	3	5
PTH 312	Physiopathology of Chronic Diseases II	C	2	0	2	2
HIN 302	Health Informatics	C	3	0	3	5
Total ECTS for compulsory courses			17	6	19	25
CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 318 GCE 292	Nutrigenetics, Nutrigenomics and Personalized Nutrition	E	3	0	3	5
NAD 320	Physical Activity and Health	E	2	0	2	3
NAD 350	Nutritional Screening Tools	E	1	0	1	2
PUH 320	Community Health	E	2	0	2	2
FHS 356	Time Management	E	2	0	2	3
NAD 356	Scientific Publication Analysis	E	2	0	2	3
Total ECTS for elective courses						5
6. Semester total ECTS						30

- NAD 311 is prerequisite for NAD 312
- NAD 313 is prerequisite for NAD 314
- NAD 321 is prerequisite for NAD 322
- NAD 343 is prerequisite for NAD 344
- NAD 345 is prerequisite for NAD 346
- NAD 347 is prerequisite for NAD 348
- PTH 311 is prerequisite for PTH 312

4. Year

VII. Semester (Fall)

CODE	COURSE NAME	C/E	T	P	C	ECTS
NAD 431	Graduate Thesis	C	0	3	2	5
NAD 448	Professional Practice in Children's Hospital	C	0	14	6	7
NAD 449	Professional Practice in Adult's Hospital	C	0	14	6	7
NAD 441	Professional Practice in Nutrition and Dietetics Field	C	0	35	9	6
NAD 445	Seminar	C	0	2	1	3
Total ECTS for compulsory courses			0	68	24	28
CODE	COURSE NAME	C/E	T	P	C	ECTS
FHS 403	Branding Strategies and Personal Branding	E	2	0	2	3
NAD 405	Counselling in Nutrition and Dietetics	E	1	0	1	2
NAD 407	Eating Disorders	E	1	0	1	2
NAD 411	Current Applications in Pediatrics I	E	3	0	3	5
NAD 419	Enteral and Parenteral Nutrition I	E	3	0	3	4
NAD 413	Current Applications in Medical Nutrition Therapy I	E	3	0	3	5
NAD 415	Menu Planning in Diseases I	E	3	0	3	5
NAD 417	Mediterranean Diet and Health I	E	2	2	3	5
NAD 421	Nutrient-Drug Interaction	E	2	0	2	4
Total ECTS for elective courses						2
7. Semester total ECTS						30

VIII. Semester (Spring)

CODE	COURSE NAME	C/E	T	U	K	ECTS
NAD 431	Graduate Thesis	C	0	3	2	5
NAD 450	Professional Practice in Institutional Food Services	C	0	14	6	7
NAD 451	Professional Practice in Hospital and Institutions	C	0	14	6	7
NAD 445	Seminar	C	0	2	1	3
Zorunlu olarak alınması gereken ECTS toplamı			0	33	15	22
CODE	COURSE NAME	C/E	T	U	K	ECTS
FHS 403	Branding Strategies and Personal Branding	E	2	0	2	3
NAD 406	Ethics in Health Sciences	E	2	0	2	4
NAD 408	Enteral and Parenteral Nutrition II	E	2	2	3	4
NAD 412	Current Applications in Pediatrics II	E	3	0	3	5
NAD 414	Current Applications in Medical Nutrition Therapy I	E	3	0	3	5
NAD 416	Menu Planning in Diseases I	E	3	0	3	5
NAD 418	Mediterranean Diet and Health I	E	2	2	3	4
NAD 422	Eating Behaviour Disorders	E	1	0	1	2
NAD 424	Nutrient-Drug Interaction	E	2	0	2	4
Total ECTS for elective courses						8
8. Semester total ECTS						30

ECTS SUMMARY	
Total ECTS for all compulsory courses	187
Total ECTS for all elective courses	53
Total ECTS credits for graduation	
	240

- All NAD coded courses should be taken before Professional Practice courses
- NAD 431 and NAD 445 courses can only be registered for one semester